

## **Toe Nail Antifungal Treatment**

Apply **Canespro (Bayer & OTC price £25/-)** which is 40% urea paste onto the nail and cover it up with cling film or Tegaderm self adhesive dressing and leave this overnight. Next day scrape off the softened nail as much as comes off. Continue this treatment till all the nail comes off. If the nail folds are at risk of maceration then these areas can be protected with Vaseline. This brings about **chemical matricectomy** (chemical nail removal rather than surgical)

Post matricectomy to apply **Loceryl nail lacquer** for a year.

A newer treatment is **Jublia** which is **10% Eficonazole** solution on the nail ; used for 48 weeks it gives a cure rate like oral antifungals without the side effects of the tablet. No scrapings or rubbing needed. Suitable in older people or those on multiple medication. Jublia costs \$539 per 4 ml bottle & the total cost of treatment may run into \$8500/-. These are over the counter self-pay costs.

**Kerydin (Tavarabole)** is another nail lotion which is equally expensive and gives a lesser cure rate.